

## + Classroom Guidance Lessons

These lessons for Kindergarten through Fifth grade focus on a variety of issues commonly faced by elementary school children. Some of these topics may include: expressing feeling appropriately, respect for self and others, responsibility, making and keeping friends, bullying, and the importance of cooperation and teamwork.

## + Small Group Counseling

This type of setting provides support for K-5 students in a smaller group setting. The groups can be anywhere from 2-8 students and focus on social awareness through structured play and discussion. The students work on effective communication and social problem solving skills.

## + Individual Counseling

One to One support is available to all students and intended to address specific emotional, behavioral, or social concerns.